Dividing the beat into 2 or 4

When the beat is divided into two even parts or four even parts, as in simple time signatures OR duplets/quadruplets in compound time, the following syllables are used to count the rhythm:

Notes on the beat use the number of the beat:

Notes on the second half of the beat use te ("tay"):

Notes on the second fourth of the beat use ti ("tee"):

All other notes use ta ("tah"):

Dividing the beat into 3 or 6

When the beat is divided into three even parts or six even parts, as in compound time signatures OR triplets/sextuplets in simple time, the following syllables are used to count the rhythm:

Notes on the beat use the number of the beat:

Notes on the second third of the beat use la ("lah"):

Notes on the last third of the beat use li ("lee"):

All other notes use ta ("tah"):

Any note not covered by the above rules will use the syllable ta.